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|  | **Grilled Cheese,****Shaker Heights High School Week 3****Tomato Soup, Roasted Corn,** **Fresh Fruit****Variety of Fluid milk** | **General Tso Chicken, Seasoned Rice, Roasted Broccoli****Fresh Fruit****A Variety of Fluid Milk** | **Wing Day****Assorted Sauce’s, Cheesy Potatoes, Carrots & Celery, Pretzel Stick****Fresh Fruit****A Variety of Fluid Milk** | **Breakfast for Lunch****French Toast, Sausage, Hashbrowns****Fresh Fruit****A Variety of Fluid Milk** | **Chicken Penne Alfredo, Roasted Green Beans, Garlic Roll Fresh Fruit****A Variety of Fluid Milk** |
|  | Southwest Black Bean BurgerCheeseburgerSpicy Chicken Sandwich | Southwest Black Bean BurgerCheeseburgerSpicy Chicken Sandwich | Southwest Black Bean BurgerCheeseburgerSpicy Chicken Sandwich | Southwest Black Bean BurgerCheeseburgerSpicy Chicken Sandwich | Southwest Black Bean BurgerCheeseburgerSpicy Chicken Sandwich` |
|  | Hot Italian PizzaPepperoni PizzaCheese Pizza | Meatball PizzaPepperoni PizzaCheese Pizza | Supreme PizzaPepperoni PizzaCheese Pizza | Sausage PizzaPepperoni PizzaCheese Pizza | Veggie PizzaPepperoni PizzaCheese Pizza |
|  | Daily Choice of: Bowl, Burrito, NachosProtein Choices: Taco Beef, Fajita Chicken, Carnitas, TofuAssorted Sides and Toppings |
|  | Protein Choices: Seasoned Beef, Marinated Chicken, Marinated TofuChoice of Rice or WG Noodles,Assorted Fresh Vegetables, Sauces |
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| Contact your Chef Resident Director, Mark Jacobs, at 216-295-4342or email Jacobs\_m@shaker.org for questions or comments.**This institution is an equal opportunity provider.** |